


MSE & Hamburg Middle School - October 2018 MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Bar, toast & fruit	Breakfast Pizza & fruit	French Toast Sticks & fruit	Biscuits/Gravy & fruit	Omelet, toast & fruit
1	2	3	4	5
Mr. Rib/bun, baked beans, oven fries, pears	Mandarin Orange Chicken, brown rice, Asian veggies, fresh broccoli & carrots, banana	Macaroni & Cheese, spinach salad, seasoned peas, apple slices	Chili w/crackers, celery & carrots, cinnamon roll, fresh grapes	Cheese Breadsticks w/marinara, romaine salad, seasoned corn, applesauce
8	9	10	11	12
Country Fried Steak, mashed potatoes & gravy, savory carrots, fruit cocktail	Sloppy Joe/ww bun, baked beans, celery & carrots, peaches	Teriyaki Chicken, brown rice, California blend, celery & carrots, banana	Hot Dog/ww bun, spinach & romaine salad, steamed peas, oranges	Popcorn Chicken, potato wedges, green beans, blueberries
15	16	17	18	19
Spaghetti w/meat sauce, garlic toast, steamed broccoli, spinach salad, mandarin oranges	Runza Casserole, green beans, carrots & celery sticks, peaches	Chicken n Noodles over mashed potatoes, broccoli & baby carrots, wg roll, banana	Taco Salad, refried beans, chips & salsa, cinnamon stick, apple slices	Chicken Nuggets, oven fries, garden salad, cookie, orange smiles
22	23	24	25	26
BBQ Meatballs, baked beans, coleslaw, ww roll, applesauce	Hamburger/ww bun, tator triangles, garden salad, banana	Baked Chicken, mashed potatoes & gravy, peas & carrots, cookie, pineapple	Parent/Teacher Conferences from 8:00 a.m. to 4:00 p.m. No School for Students	Teacher Comp Day NO School!!!
29	30	31		
Pizza, garden salad, steamed corn, pears	Tenderloin/ww bun, oven fries, fresh broccoli, mandarin oranges	Ravioli, garlic stick, green beans, romaine salad, banana		

*Menu subject to change. Juice & Milk are served with breakfast and milk is served with Lunch daily.

The Marnie Simons Elementary and Hamburg Middle School Menu may differ from what is posted on the Hamburg Website.

This Institution is an equal opportunity provider.